

# June 29

[O Muhammad]

Perform your prescribed prayers  
between mid-day until night time  
and recite the Qur'an at dawn,  
for this recitation is witnessed [by the angels].

And spend part of the night to do extra prayers.  
Do this for your Lord's acceptance  
and it will raise you to the most praiseworthy status  
and say, 'My Lord, let me enter [Medina] truthfully  
and exist [Mecca] truthfully  
and grant me Your power to help others.'

And then say, 'Truth has come in triumph  
and falsehood has been vanquished -  
falsehood will always be vanquished.'

17:78-81

# June 30

Through the Qur'an,  
We reveal to believers  
what is healing and merciful.  
[The Qur'an also shows]  
how the losses  
of those who transgress  
[God's law will increase].

When We bless people,  
they turn away and become arrogant,  
but when evil touches them they sink into despair.  
Say, 'Each one of you can live in your own way,  
for your Lord knows best who is most guided.'

17:82-84